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				X	Denot	es pre	sence	of an all	iergen
Ultimate Burgers		Sol	wheat	E995	challfish	Tres	Po- Nuts	Gin	Giuten
	_	1	r		1		,		
Big Brunch	Х	Х	X	X					Х
Big IHOP Burger	х	Х	Х	Х					Х
Add Fried Egg		Х		X					
Cowboy BBQ	x	Х	X	X					х
Garlic Butter	х		Х	Х					Х
Jalapeno Kick	х		Х	Х					Х
Loaded Philly	x		х	Х					х
Mega Monster	x	Х	х	Х					х
The Classic	X	Х	Х	X					Х
The Classic with Bacon	X	Х	Х	X					х
French Fries									
House-Made Milkshakes									
Cold Brew Milkshake	X								
Hershey's Chocolate Milkshake	x								
Oreo Milkshake	x	Х	Х						Х
Strawberry Milkshake	x								
Vanilla Milkshake	x								
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Applicable only to the U.S.A. Menu items, ingredients and prepa			iffer o	outsid	e of U	.S.A.			
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Ultimate Burgers	III	Sol	Wheat	E095	chellfish	Tres Fish	The Nuts	Beanuts	n
A la Carte Pancakes & Crepes									
Mexican Churro Pancakes	X	Х	Х	Х					X
Italian Cannoli Pancakes	X	Х	х	Х					X
Mexican Tres Leches Pancakes	X	Х	х	Х					X
Strawberry Vanilla Spice Crepes	X	Х	х	Х					X
Pick Your Combo				·		•			
Bacon & Eggs Combo Plate	X	Х	Х	Х					Х
Egg Combo Plate	X	Х	х	Х					Х
Ham & Eggs Combo Plate	X	Х	х	Х					X
Regular Combo Plate (with Bacon or Sausage)	X	Х	Х	Х					Х
Sausage & Eggs Combo Plate	X	Х	Х	Х					Х
Ultimate Bacon & Sausage Combo Plate	X	Х	х	Х					Х
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IHOP Guest Relations 1-866-444-51	44								

This information applicable 6/3/2019 through 7/21/2019.

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X - Denotes presence of an allergen



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Pancakes	MIX	Sol	Wheat	E832	chellfish	Lish Lish	Per Nuts	Gluten	
Build Your Pancake Combo									
Pancake Combo		X		Х					
Your choice of pancakes (see below; pancake allergens not included)									
Pancakes									
Cannoli Pancakes	Х	X	X	Х					Х
Churro Pancakes	X	х	x	Х					Х
Chocolate Chocolate Chip Pancakes	X	х	x	Х					Х
Chocolate Chip Pancakes (with Buttermilk)	Х	x	X	Х					Х
Cinn-A-Stack® Pancakes	X	х	х	Х					Х
Cupcake Pancakes	X	х	x	Х					Х
Double Blueberry Pancakes	x	x	x	Х					Х
Harvest Grain 'N Nut® Pancakes (with butter or any fruit topping)	Х	x	X	Х			Х		Х
Mexican Tres Leches Pancakes	Х	x	X	Х					Х
New York Cheesecake Pancakes	X	х	x	Х					Х
Original Buttermilk Pancakes (with butter or any fruit topping)	X	x	x	Х					Х
Rooty Tooty Fresh 'N Fruity® (with any fruit topping)	Х	x	X	Х					Х
Strawberry Banana Pancakes	X	x	x	Х					Х
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Sides	MIX	Sol	wheat	E995	chellfish	Tree	Per	noanuts	Giuten
Bacon									
Banana & Brown Sugar Oatmeal	х								Х
Buttered Toast	х	Х	Х	X					Х
Cottage Cheese	х	Х							
Crispy Potato Pancakes			Х						Х
Eggs (any style)		Х		Х					
English Muffin (with butter)	х	Х	Х						Х
Grilled Buttermilk Biscuit	х		Х						Х
Grits									
Ham Steak									
Hash Browns		Х							
Pork Sausage Links									
Pork Sausage Patties									
Red Potato Pepper & Onion Hash	х	Х							
Scrapple			Х						Х
Seasonal Mixed Fruit									
Smoked Pork Sausage Links									
Spam									
Turkey Bacon Strips									
Turkey Sausage Links		Х							
Turkey Sausage Patties									
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Griddle Faves		Sol	Wheat	E995	chellfish	Trev	Por	Giuten	n
Crepes									
Cheese Blintzes (with any fruit topping)	X	Х	х	Х					х
Chicken Florentine Crepes	X	X	x	X					х
Classic Breakfast Crepes	X	X	х	X					Х
Create Your Sweet Crepe Combo		Х		Х					
Your choice of sweet crepes (see below; allergens not included)									
Banana Crepes with Nutella®	х	X	x	X			X		Х
German Crepes	X	Х	x	Х					Х
Strawberries & Cream Crepes	X	Х	х	Х					Х
Swedish Crepes	X	Х	х	Х					Х
French Toast	÷								
Create Your French Toast Combo		X		Х					
Your choice of french toast (see below; allergens not included)									
Original French Toast	Х	X	x	Х					Х
Strawberry Banana French Toast	X	Х	x	Х					Х
Stuffed French Toast (with any fruit topping)	X	Х	х	Х					х
Waffles	÷								
Belgian Waffle	X		x	X					х
Chicken & Waffles	X	X	х	Х					Х
Create Your Belgian Waffle Combo	х	Х	х	Х					х
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X - Denotes presence of an allergen Tree Nuts Shellfish Peanuts Gluten **IHOP Creations** Wheat Egg H Ś Х Х Х Х Х Buttermilk Biscuits & Gravy (with country or sausage gravy) х Х Х **Classic Avocado Toast** Plus it Up with Eggs & Bacon х Х Your choice of fresh fruit or hash browns (see below; allergens not included) Classic Skillets (with any meat & gravy option) Х Х Х Х Х Х Х Х Х Х Х Eggs Benedict Х Х Х Х Х Create Your Own Melt (with any meat & veggie option) Your choice of sides (see below; allergens not included) Х Х Х Х х Huevos Rancheros Your choice of tortillas or buttermilk pancakes (see below; allergens not included) Х Х Х **IHOP® Signature Pancake Sliders** Х Х Your choice of sides (see below; allergens not included) Loco Moco Х Х Х х Х Х Machaca Х Х Х Х Your choice of tortillas (see below; allergens not included) Х Х Х Migas Your choice of tortillas (see below; allergens not included) х х South-of-the-Border Burrito Х Х Х Х Х Х Southwest Scramble Your choice of buttermilk pancakes, flour tortilla or toast (see below; allergens not included) The Wrap of Monte Cristo Х Х х Х Х Choice of Sides **Corn Tortilla** х Flour Tortilla X Pancakes (see pancake section for allergens) Hash Browns Х Seasonal Mixed Fruit Х Х Х Х Toast Х This information pertains to the main menu and does not include limited time offers, test products, and regional items. While we strive to keep this information current, please note that ingredient changes and substitutions may occur due to differences in regional suppliers, recipe changes, product changes, preparation techniques, and the season. Due to the individualized nature of allergies and food sensitivities, IHOP cannot make recommendations that are suitable for your dietary needs. Please consult

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Combos	MIK	Sol	wheat	Eggs	hallfish	Tres Fish	Por	neanuts	ciliten
2 x 2 x 2	Х	Х	х	X					X
Big 2-Egg Breakfast	Х	Х	х	x					X
Big 3-Egg Breakfast	Х	Х	х	Х					Х
Breakfast Sampler	Х	Х	Х	Х					Х
Chicken Fried Chicken & Eggs with Country Gravy	Х	Х	Х	Х					Х
Chicken/Country Fried Steak & Eggs (with country or sausage gravy)	Х	Х	х	Х					Х
Pork Chops & Eggs	Х	Х	х	Х					х
Quick 2-Egg Breakfast	Х	Х	Х	Х					Х
Simple & Fit 2-Egg Breakfast	Х	Х	Х	Х					Х
Sirloin Tips & Eggs	Х	Х	х	Х					Х
Smokehouse Combo	Х	Х	х	Х					Х
Split Decision Breakfast	Х	Х	х	Х					Х
T-Bone Steak & Eggs	X	Х	х	Х					Х
Weekday Breakfast Special: Eggs & Buttermilk Pancakes	Х	Х	х	X					X
Weekday Breakfast Special: Eggs, Hash Browns & Toast	Х	Х	х	Х					X
Weekday Breakfast Special: Cheese Omelette with Buttermilk Pancakes	Х	Х	х	X					X

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Omelettes		The second secon	Sol	wheat	Eggs	hallfish	Lien Lieu	Po- Nuts	neanuts	Giuten
	(, ,								
Avocado, Bacon & Cheese Omelette		X	Х	Х	Х					х
Bacon Temptation Omelette		X	Х	Х	Х					х
Big Steak Omelette		X	Х	Х	Х					х
Cage-Free Egg White Veggie Omelette		X	Х		Х					
Cheeseburger Omelette		X	Х	Х	Х					х
Chicken Fajita Omelette		Х	Х	Х	X					х
Colorado Omelette		Х	Х	Х	Х					х
Country Omelette		Х	Х	Х	Х					х
Garden Omelette		Х	Х	Х	Х					х
Hearty Ham & Cheese Omelette		Х	Х	Х	Х					х
International Omelette		Х	Х	Х	Х					х
Spicy Poblano Omelette		Х	Х	Х	Х		Х			х
Spinach & Mushroom Omelette		Х	Х	Х	Х		Х			х
Build Your Omelette (with any meat, cheese or vegetable option)		Х	Х	Х	Х					х
Choice of Sides										
Pancakes (see pancake section for allergens)										
Hash Browns			Х							
Seasonal Mixed Fruit										
Toast		X	Х	Х	X					х
Please note that all omelettes are listed without choice of side; This information pertains to the main menu and does not include limited time offers, test please note that ingredient changes and substitutions may occur due to differences in reg	products, and reg	gional	items. \	While w	e strive	to kee	p this ir			

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Sandwiches		MIX	Sol	wheat	Eggs	hallfish	Trev	Po- Nuts	neamuts	Gluten
Chicken Clubhouse Super Stacker		Х		Х	Х					Х
Double BLT		Х	Х	Х	Х					Х
Grilled Bacon Griller		Х		Х	Х					Х
Patty Melt		Х	Х	Х	Х					Х
Philly Cheese Steak Stacker		Х	Х	Х						Х
Roasted Turkey Sandwich		Х	Х	Х	Х					Х
Spicy Chicken Ranch Sandwich		Х	Х	Х	Х					Х
Turkey, Bacon & Avocado Wrap		Х		Х	Х					Х
Choice of Sides										
Original Buttermilk Pancakes		Х	Х	Х	Х					Х
French Fries										
Hash Browns			Х							
Onion Rings		Х		Х						Х
Seasonal Mixed Fruit										
Soups (see soup section for allergens)										
Salads (see salad section for allergens)										
Please note that all sandwiches are listed without you	r choice of side: allergen informa	tion fo	r sides i	availab	le sena	arately	helow			

Please note that all sandwiches are listed without your choice of side; allergen information for sides available, separately, below.

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Salads	MIK	Sol	Wheat	E995	chalffish	Trev	Por	Beanuts	auten
Caesar Salad with Crispy Chicken	Х	Х	х	X		Х			Х
Caesar Salad with Grilled Chicken	Х	Х	х	Х		Х			х
Cobb Salad with Crispy Chicken	Х	Х	х	X					Х
Cobb Salad with Grilled Chicken	X			X					
Chicken & Spinach Salad with Crispy Chicken	X	Х	х	X					Х
Chicken & Spinach Salad with Grilled Chicken	X			X					Х
Grilled Chicken & Veggie Salad	X								Х
House Salad (without dressing)									
Blue Cheese Dressing	X			X					
Buttermilk Ranch Dressing	х			X					
Catalina Dressing									
Creamy Caesar Dressing	X			X		Х			
Creamy Italian Dressing									
Fat Free Raspberry Vinaigrette									
French Dressing									
Honey Balsamic Vinaigrette	X								Х
Honey Mustard Dressing				X					
Reduced Fat Italian Dressing	х								
Thousand Island Dressing				X					
Seasonal Mixed Fruit									
Side Caesar Salad	Х	Х	х	X		Х			X
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Soups	MI	Soy	Wheat	E0995	challfish	Tree Fish	Por	Poanuts	Giuten
Clam Chowder	X	x	х		х				x
Loaded Potato with Bacon Soup	X	х	х						x
Minestrone		x	х						x
Roasted Chicken Noodle Soup	X	X	х	х					x
Rustic Cheesy Tomato Soup	X								
Crackers		X	х						Х

Please note that all soups are listed without crackers; allergen information for crackers available, separately.

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Burgers		Mik	Sol	wheat	5112	shallfish	Tree	Per	Coanuts	Caluten
Big Brunch Burger		х	Х	Х	X					Х
Cali Garlic Butter Burger		х		х	Х					Х
Cowboy BBQ Burger		х	Х	Х	Х					Х
Jalapeno Kick Burger		х		Х	Х					Х
Mega Monster Cheeseburger		х	Х	х	Х					Х
Philly Cheeseburger		х		х	Х					Х
The Classic		х	Х	Х	Х					Х
The Classic with Bacon		х	х	х	Х					Х
Double it Up (extra burger patty & cheese)		х	Х							
Choice of Sides										
Original Buttermilk Pancakes		х	Х	Х	Х					Х
French Fries										
Hash Browns			Х							
Onion Rings		х		х						Х
Seasonal Mixed Fruit										
Soups (see soup section for allergens)										
Salads (see salad section for allergens)										
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Appetizers	MIN (Sol	Wheat	E995	chellfish	Tres	For Nuts	peanuts	aluten
Appetizer Sampler	x	Х	х	Х					х
Chicken & Three Cheese Quesadilla	Х		X						Х
Crispy Chicken Strips & Fries (with honey mustard or ranch dressing)	Х	Х	х	Х					Х
French Fries									
Hot & Spicy Wings	Х	Х	X	Х					Х
Mozza Sticks	Х		Х	Х					Х
Onion Rings	Х		Х						Х
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IHOP Guest Relations 1-866-444-51	44								
This information applicable 4/15/19 through	0/15/1	0							

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					Х-	Denot	es pre	sence	of an al	lergen
Entrées		MIK	Sol	wheat	E995	halfish	The	ine Nuts	Deanuts	Giuten
Boneless Fried Chicken		Х		Х	Х					х
Chicken Fried Chicken Dinner with Country Gravy		Х		Х	Х					х
Chicken Parmesan (sides included)		Х		Х	Х					х
Country Fried Steak Dinner (with country or sausage gravy)		Х	Х	Х						х
Crispy Fish & Chips (sides included)				Х	Х		Х			х
Fisherman's Platter (sides included)			Х	Х	Х	Х	Х			х
Fried Chicken			Х	Х	Х					х
Pasta with Meat Sauce (sides included)		Х		Х						х
Pot Roast		Х	х	х						х
Roasted Turkey & Stuffing		Х	Х	Х						х
Savory Pork Chops			х							
Sirloin Steak Tips		Х	Х							
Sirloin Steak Tips & Crispy Shrimp		Х	х	х	Х	Х				х
Smoked Sausage		Х	х							
T-Bone Steak		Х	Х							
Tilapia Florentine		Х					х			
Garlic Bread (available in select markets)		Х		х						х
			_							
Original Buttermilk Pancakes		Х	Х	х	х					х
Soups (see soup section for allergens)										
Salads (see salad section for allergens)										
Please note that entrees are listed without garlic bread or choice of side, unless o	therwise poted: aller	aon inf			d aarlia	hrood i		hla aa	norotol	

Please note that entrees are listed without garlic bread or choice of side, unless otherwise noted; allergen info for sides and garlic bread is available, separately.

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IHOP Guest Relations 1-866-444-5144

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Entrée Sides	MIX	Soy	Wheat	E995	chellfish	Lien Lieu	Per Nuts	Summer	aluten
			1				1		
(2) Crispy Potato Pancakes			X						Х
Baked Potato									
Buttered Corn	x								
Cornbread Stuffing	х	Х	Х						Х
French Fries									
Hash Browns		Х							
Onion Rings	X		х						Х
Penne Pasta with Marinara Sauce	x		х						Х
Red Potato Pepper & Onion Hash	X	Х							
Red Skin Mashed Potatoes	X	Х							
Sauteed Spinach									
Steamed Fresh Broccoli									
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IHOP Guest Relations 1-866-444-5		may u	inter	Juisio		J.J.A.			
INCP Guest Relations 1-000-444-5	144								

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Desserts	MI	Soy	Wheat	E995	chellfish	Tres Fish	Per	noanuts	Giuten	
Fruit Crepe (with any fruit topping)	х	х	х	Х					x	
Ice Cream Sundae (with chocolate sauce or strawberry topping)	x									
Kids Jr. Sundae (with chocolate sauce or strawberry topping)	X									
Kids Jr. Hershey's Chocolate Milkshake	X									
Kids Jr. OREO Cookie Milkshake	X	Х	Х						x	
Kids Jr. Strawberry Milkshake	X									
Kids Jr. Vanilla Milkshake	X									
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IHOP Guest Relations 1-866-444-51	44									
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					Х-	Denot	es pres	sence	of an all	ergen
55+ Menu		MIK	Sol	unheat	E995	challfish	Trev	Po- Nuts	Giu	
Breakfast										
55+ 2 x 2 x 2		Х	Х	Х	X					Х
55+ Breakfast Sampler		X	Х	Х	X					Х
55+ Buttermilk Pancakes		Х	Х	Х	X					Х
55+ Cheese Omelette		Х	Х	Х	Х					Х
55+ French Toast		Х	Х	Х	X					Х
55+ Rise 'N Shine		Х	Х	Х	X					Х
Lunch										
55+ BLT		Х	Х	Х	Х					Х
55+ Grilled Cheese		Х	Х	Х						Х
55+ Turkey & Swiss Sandwich		Х	Х	Х	Х					Х
Dinner								1		
55+ Crispy Chicken Strips		Х	Х	Х	Х					Х
55+ Country Chicken Fried Steak Dinner (with country or sausage gravy)		Х	Х	Х						Х
55+ Grilled Chicken Dinner		Х								
55+ Roasted Turkey Dinner		Х	Х	Х						Х
55+ Grilled Tilapia Dinner		Х					Х			
Garlic Bread (available in select markets)		Х		Х						Х
Choice of Sides					1			1		
Original Buttermilk Pancakes		Х	Х	Х	Х					Х
French Fries										
Onion Rings		Х		Х						Х
Soups (see soup section for allergens)										
Salads (see salad section for allergens)										
Please note that dinner entrees are listed without garlic bread or choice of side:	allergen info	for side	es and o	arlic b	read is	availab	le sepa	arately		

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Kid's Menu	MIIK	Sol	Wheat	E995	halfish	Tree .	Por	neamuts	Giuten
All-Natural Black Angus Cheeseburger with Applesauce	X	х	х	х					х
Chicken Nuggets Combo	Х	х	x	х					х
Create-A-Face Pancake ®	Х	Х	X	Х					Х
Funny Face®	Х	Х	Х	Х					Х
French Toast with Nutella®	Х	Х	X	Х			Х		Х
Grilled Cheese Sandwich with Applesauce	Х	Х	X	Х					Х
Jr. Chicken & Waffles	Х	Х	Х	Х					Х
Jr. Churro Pancake Combo	Х	Х	Х	Х					Х
Jr. Cupcake Pancake Combo	Х	Х	X	Х					Х
Macaroni & Cheese with Applesauce	Х		х						Х
Silver 5	Х	Х	x	Х					Х
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Beverages		MIK	Sol	wheat		3	1		of an al	Giuten
Coffee & Hot Chocolate										
Coffee (regular or decaf)										
Flavored Coffee (all flavors)		х								
Cold-Brew Iced Coffee (all flavors)		х								
Hot Chocolate		х	Х							
French Toast Hot Chocolate		х	Х							
Tea & Lemonade										
Hot/Iced Tea										
Lemonade										
Lemonade Iced Tea										
Sweet Tea										
Juice										
Apple Juice										
Cranberry Juice										
Grapefruit Juice										
Premium Orange Juice										
Tomato Juice										
IHOP Splashers®								1		
Splashberry										
Tropical Island Twist										
Milk & Fountain Drinks								1		
Chocolate Milk		х								
Milk		x								
Soft Drinks										
Milkshakes		_								
Cold-Brew Coffee Milkshake		х								
Hershey's Chocolate Milkshake		x								
OREO Cookie Milkshake		x	Х	Х						x
Strawberry Milkshake		x								
Vanilla Milk Shake		x								
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Applicable only to the U.S.A. Menu iter IHOP Gu	uest Relations 1-866-444		ay ulf		itside	010.	5.A.			

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